



What's

Cooking ?

Weekly Student Bulletin
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September 8, 2008

Congratulations! Bronze Medal Winning TEAM!

FCI Culinary Competition Team at the Florida Restaurant show



"Some teams incorporated real fire and real ice"

Fire & Ice 1st place

"Some teams used spicy hot foods and icy cooling foods"

2nd place



Gayon Scott
Flora Rosania
Jodeen Headley



JoAnn Barton & Zsolt Allaga

3rd place



Aline Sfeir
Daniel Furid



News on Our Fellow Student...

Michael Smith



On August 24, 2008, Mike was skim boarding at the beach, at Carlin Park in Jupiter, FL. On his 2nd run, he fell off the board hitting his head. He was unable to get up or move. He held his breath and thankfully his friends and some respiratory therapists from Good Samaritan Medical Center saw him and pulled him out of the water, stabilizing his neck until the paramedics could arrive. He was flown to St. Marys Medical Center by Trauma Hawk. He sustained an incomplete spinal cord injury at the C5 level. He crushed his C5 vertebrae and cracked his C6. Mike did not have a head injury. He had surgery on Tuesday to replace the C5 with a titanium cage that was filled with his crushed bone. The surgeon also attached a plate to the C4 and C6 to stabilize the neck. The surgery went well. He can move his shoulders and biceps and is working on strengthening his triceps. He can't move his fingers or the lower half of his body at this time but can feel a tingling sensation when his lower body is touched.

Michael's family has put together a website to communicate with him and show your support, through this difficult time. Please visit...

www.caringbridge.org/visit/michaelbsmith

CULINARY EXIT INTERVIEWS!!!

This is a reminder to make sure that if you are scheduled to graduate you are required to take part in CULINARY EXIT INTERVIEWS set up for today, September 8th. Check with your instructor for time and location.

Time: 9:00am, 1:00pm, or 6:00pm **Place:** Lincoln Tech Bldg., Room 220

Important Dates

Today, September 8th

Exit Interviews

Today, September 8th

ACF Meeting 4pm
at The Breakers

Friday, September 19th

End of Quarter

September 24-27th

Miami Food & Beverage Show

Saturday, October 11th

ACF Culinary Salon
Hosted @ FCI

Tuesday, October 14th

Childhood Hunger Day 3PM

Friday, October 31st

Deadline for

NRAEF Scholarship

Meet Your New Instructor!!!

On Thursday, September 11th, immediately after attendance is taken, you will have the opportunity to meet with your new Instructor for the upcoming October Quarter. You will receive an overview of activities of the class, find out about the required textbooks you will need, and anything else you might need to be prepared for the October 6th start. Your current teacher will provide you with the name of the Instructor and room number where you will meet.



Americas Food & Beverage Show

September 24-26, 2008 Miami Beach Convention Center, Florida

11th Americas Food & Beverage Show

September 24-26, 2008

Miami Beach, Florida

The largest Americas-focused trade show in the hemisphere for the F&B industry. The 11th Americas Food & Beverage Show is jam-packed with over 5,000 products from around the world, new product pavilions and learning opportunities that will allow you to enhance your business by staying on top of the latest trends.

More than 4,500 national and international retailers, distributors, importers, foodservice professionals and exhibitors will be visiting the largest Americas-focused food and beverage trade event in Miami. Walk through aisles of new and tasty foods and beverages from more than 22 countries around the world, such as Argentina, Brazil, Canada, Chile, Italy, Morocco, Malaysia, Peru, Poland, Portugal, S. Africa and S. Korea.

Registration is free for students! Official registration forms are available at the front desk.
www.americasfoodandbeverage.com

--- First Aid, CPR & AED training ---

First Aid, CPR and Automated External Defibrillator (AED) Courses

Your local Red Cross Chapter offers first aid, CPR and AED programs for adults, children and infants that are designed to give you the confidence to respond in an emergency situation with skills that can save a life. Additional training in blood borne pathogens, oxygen administration and injury prevention can be added to CPR and first aid training to prepare you to prevent and respond to life-threatening emergencies.

CHAPTER HEADQUARTERS

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National Restaurant Association EDUCATIONAL FOUNDATION

\$2,000 Scholarship—Deadline October 31
This scholarship is for undergraduate students pursuing a certificate, associate degree, or bachelor degree in a restaurant and/or foodservice-related program, and have industry experience.

APPLICANT QUALIFICATIONS

To qualify for a scholarship, **you must**:

- Be a citizen or permanent resident of the United States **OR** be a resident of American Samoa, Guam, Puerto Rico, or the U.S. Virgin Islands.
- Have completed at least one grading term of your college or post-secondary program.
- Be enrolled for two consecutive semesters or not be entering your last semester before graduating.

You must have verification of work experience. You will be judged on your work experience.

Applications are available at the office. or learn more on the scholarship and many more restaurant related issues at

www.nraef.org