



What's Cooking?

May 27, 2008

Volume 13, Issue 08

Important Dates for your Daily Planner

Tuesday, May 27, 2008
 9AM-2PM & 4:30-8PM
 Florida Culinary Blood Drive

Thursday, May 29th
 Palm Beach Post Article
 About the BBQ Competition

Monday, June 2nd
 Culinary Creations Dinner
 If you would like to participate, please see FCI Front Desk.

Tuesday, June 3rd
 Guittard Chocolate Competition
 Judging 2 PM - 3 PM

Friday, June 6th
 Reminder
 ServSafe Class
 8 AM Located in Practicum



Culinary Creations Benefit Dinner

Monday, June 2nd
Starting at 5:00 pm
at The Kravis Center

The dinner will benefit the Quantum House, ACF Chef & Child Foundation and the Palm Beach Chapter Chef in Distress Fund. The ACF is looking for volunteers to help at the hors d'oeuvre stations and to plate up for the round-robin dinner. A sign-up sheet is located at the front desk. See Amber Spencer for details. You must attend if you signed up as a volunteer.

Directions:

Take 95 to Okeechobee Blvd, head East after you cross the railroad tracks on the left. Park in garage directly behind center.

Congratulations!

To the following winners of the Instructor and Student Mystery Basket Competition.

Chef Birney and Gayon Scott
Chef Goulet and Thomas Gentry
Chef Carreiro and Robert Greveny
Franciso Lopez

The Mystery Basket Competition was held during FCI's Open House on Tuesday, May 20th. Each team was given a 45 minute window to create a dish and execute the menu with one plate for presentation and tasting.

From rabbit to tuna the competitors intrigued the growing crowd of guests along with FCI students showing their pride and participation as well.

A big Thank You to Chef Schmidtke for putting together the crowd pleasing competition. Hats off to all the student participants and Chef Instructors who judged and participated.

Tips for Success Cont.

By WC Contributing Writer: Kendall Uyehara

Tip 3: Don't work too much:

Let's say you have six weeks to research and create a 20-page paper as well as a 20 min. presentation of a regional style of cooking and its history. You can create your task calendar very aggressively and try to get it done in just four weeks making your team the leaders of the class. It will cause your team to spend more hours in front of a computer screen and open books, doing research and writing notes. Unfortunately the brain can't work non-stop for as long as you want it to.

A big project should be viewed as a marathon, not a sprint. Take the item that you are given and use that time to your advantage.

Following these easy guidelines in the beginning of your project can help keep you on the road to success. Eleanor Roosevelt once said, "It takes as much energy to wish as it does to plan." So, plan to succeed or you will wish you did.

WHAT ARE YOUR KIDS DOING THIS SUMMER?

The Florida Culinary Institute has teamed up with The Gymnastics Revolution to offer you the best deal of the summer. TGR has a summer camp that will keep your kids laughing, playing, jumping and learning. For more information, or pick up a brochure in the lobby. Sign up early as space is limited.

The Gymnastics Revolution
 4390 Westroads Drive
 West Palm Beach, FL 33407
 (One block north of the Rapids)
 561-848-4577



ServSafe Question

What is the hot water sanitizing temperature of a pot sink?

FCI Blood Drive

Tuesday, May 27, 2008
9:00AM-2:00PM & 4:30PM
-8:00PM

All eligible donors will receive a Muvico movie tickets.

